

Talk About Sporting Events	Sports Competitions
<p>el campeonato el ciclismo la competencia competir (i) estar empatado jugar (ue) en equipo meter un gol el premio</p>	<p>championship bicycle racing competition to compete to be tied to play on a team to score a goal prize; award</p>
Sports Equipment	Describe Athletes
<p>la pista la red el uniforme</p>	<p>activo(a) el (la) deportista lento(a) musculoso(a) rápido(a)</p>
<p>Oh, please! Bravo! Come on! Ugh!</p>	<p>active sportsman / woman slow muscular fast</p>
Express Emotions	
<p>¡Ay, por favor! ¡Bravo! ¡Dale! ¡Uy!</p>	
Discuss Ways to Stay Healthy	
<p>Es bueno... Es importante... Es necesario... hacer ejercicio mantenerse (te) en forma saludable seguir (i) una dieta balanceada</p>	<p>It's good... It's important... It's necessary... to exercise to stay in shape healthy; healthful to follow a balanced diet</p>

Talk About Your Daily Routine	Parts of the Body
<p>acostarse (ue) afeitarse apagar la luz arreglarse bañarse cepillarse los dientes despertarse (ie) dormirse (ue) ducharse encender (ie) la luz entrenarse lavarse levantarse maquillarse peinarse ponerse la ropa la rutina secarse tener prisa tener sueño</p>	<p>to go to bed to shave oneself to turn off the light to get ready to take a bath to brush one's teeth to wake up to fall asleep to take a shower to turn on the light to train to wash oneself to get up to put on makeup to comb one's hair to put on clothes routine to dry oneself to be in a hurry to be sleepy</p>
Personal Care Items	How Often You Do Things
<p>el cepillo (de dientes) el champú la crema de afeitar el desodorante el jabón la pasta de dientes el peine el secador de pelo la toalla</p>	<p>brush (toothbrush) shampoo shaving cream deodorant soap toothpaste comb hair dryer towel</p>
<p>a veces frecuentemente generalmente normalmente</p>	<p>sometimes frequently in general; generally usually; normally</p>
Clarify Sequence of Events	
<p>primero entonces luego más tarde por fin</p>	<p>first then; so later; then later on finally</p>